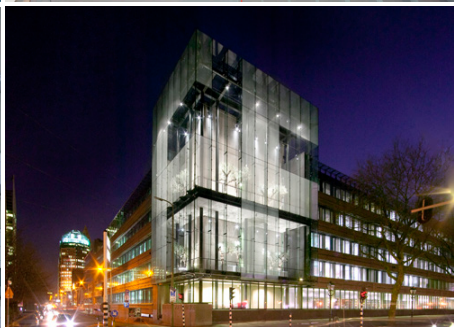




MVSA
Architects

“Shaping WELL”

MVSA
Architects



An aerial photograph of a snowy mountain slope with numerous skiers. The skiers are scattered across the frame, appearing as small, colorful figures against the white snow. Their shadows are cast long and dark on the snow, indicating a low sun position. The skiers are wearing various colored jackets and pants, including red, blue, yellow, and black. Some are in motion, while others are stationary. The overall scene is a busy winter sports area.

“We design solutions
for people”



“Integrated
climate solutions”





ING

“Excellent
for its user”

“Green and light
enhance wellbeing”



“ A good overview
creates a calmer state
of mind ”



A wide-angle photograph of a modern, multi-level hospital atrium. The space is characterized by its clean, white architecture and extensive use of glass railings on the upper levels. The ground floor features a long, curved walkway with large windows on the left and a series of colorful, circular and rectangular seating areas in shades of purple, yellow, and green. Several potted plants are placed throughout the space, adding a touch of nature. On the right side, a curved, red modular sofa is visible. The upper levels show more of the building's interior, including a reception desk and various rooms. The overall atmosphere is bright, open, and designed to be a 'healing environment'.

"The healing
enviroment
reduces actual
care time by
days"

“Light and open
facade”



“ Using inner
gardens to
create a better
indoorclimate”



A low-angle, upward-looking photograph of several modern skyscrapers. The buildings are characterized by repetitive vertical window patterns, creating a strong sense of height and scale. The sky is filled with soft, white clouds, and the overall color palette is dominated by the blues of the sky and the greys/browns of the building facades. A semi-transparent dark blue rectangle with a thin light blue border is centered over the image, serving as a background for the text.

THE **WELL** BUILDING STANDARD

The new role of the 21st century architect and designer: “Health professional”

*quote well website



A COMPREHENSIVE APPROACH TO WELL-BEING

The WELL Building standard is made up of features that address seven concepts:



AIR



WATER



NOURISHMENT



LIGHT



FITNESS



COMFORT



MIND

An overhead view of a modern office meeting. Four people are seated around a large wooden table. The table is cluttered with various items: a laptop, papers, a coffee cup, a small potted plant, a mouse, and several sticky notes. The people are engaged in discussion, with one person looking at a smartphone and another pointing at a document. The background shows a bright, open-plan office space with large windows.

76%

OF WORKERS REPORT THAT THEY
ARE STRUGGLING WITH WELLBEING

US\$300_{bn}

COSTS OF WORK-RELATED
STRESS IN THE UNITED STATES

US\$650_{bn}

COSTS OF WORK-RELATED
STRESS IN EUROPE

37%

LOWER ABSENTEEISM

21%

HIGHER PRODUCTIVITY

10%

HIGHER CUSTOMER SATISFACTION
THAN THOSE WITHOUT¹⁴

AIR

Quality standards including filtration, cleaning protocols, microbe control, material safety

WATER

Testing and monitoring to control public water additives and system contaminants

NOURISH- MENT

Promotion of healthy food options, nutrition labeling, safe food preparation and sourcing

LIGHT

Glare free and circadian lighting design, effects of surfaces & contrast, light quality, daylighting

FITNESS

Active design, enhanced ergonomics, activity incentives, and structured fitness programs

COMFORT

Physical and visual ergonomics; thermal, olfactory, and acoustic comfort

MIND

Organizational policies and transparency, biophilic design, flexible and adaptable spaces

“WTC Utrecht
adapting in a
later stage”





“Already Breeam
Excellent...”

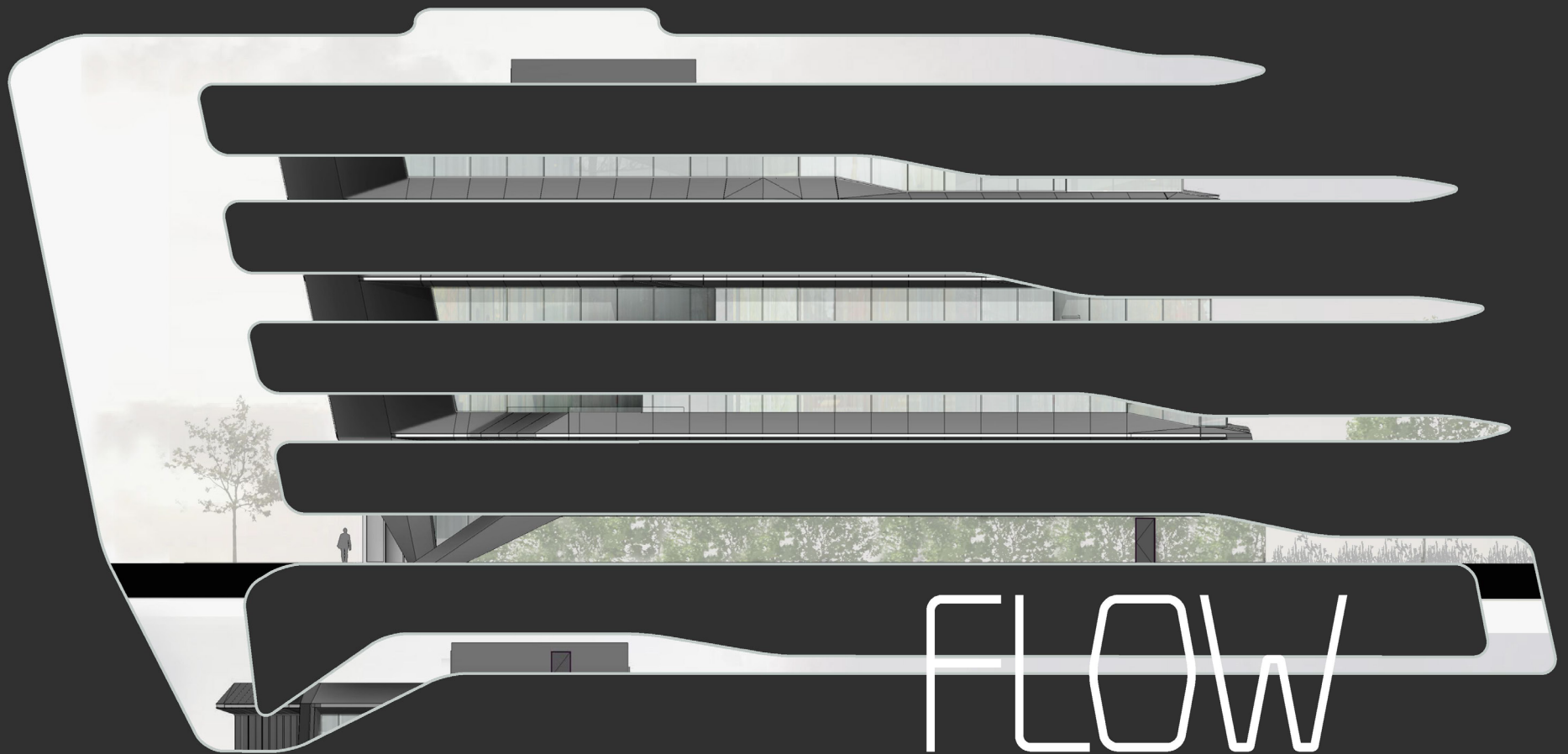


“Choice of the right materials is key”



“Garanties?
water/tennants”

“Flow taking it to the
next level”



“WELL-come”



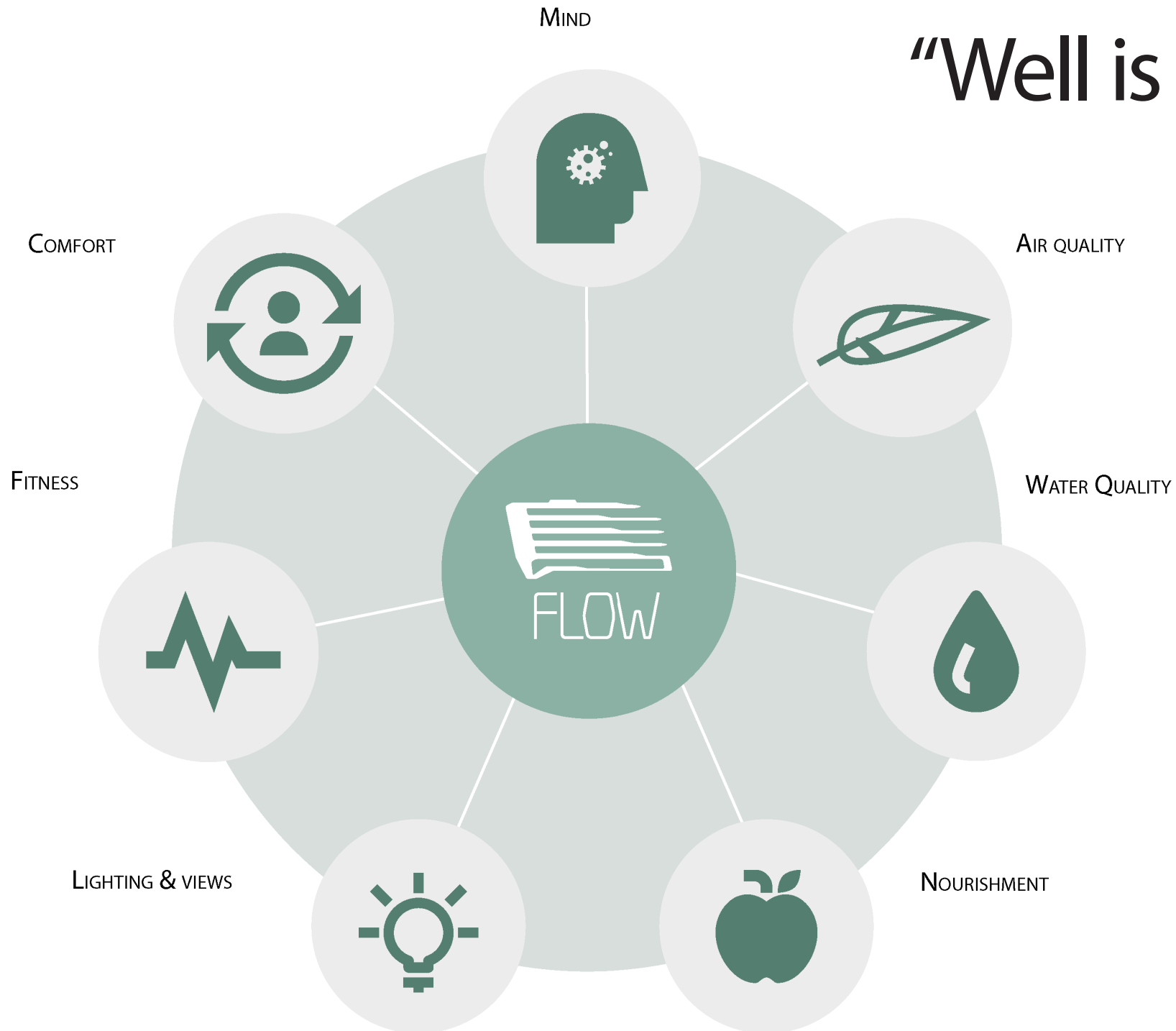


"A new view
everyday"

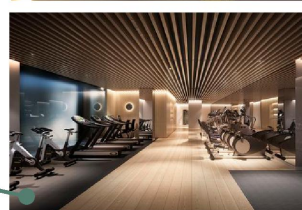
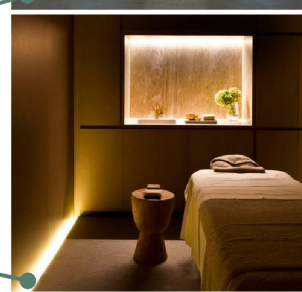
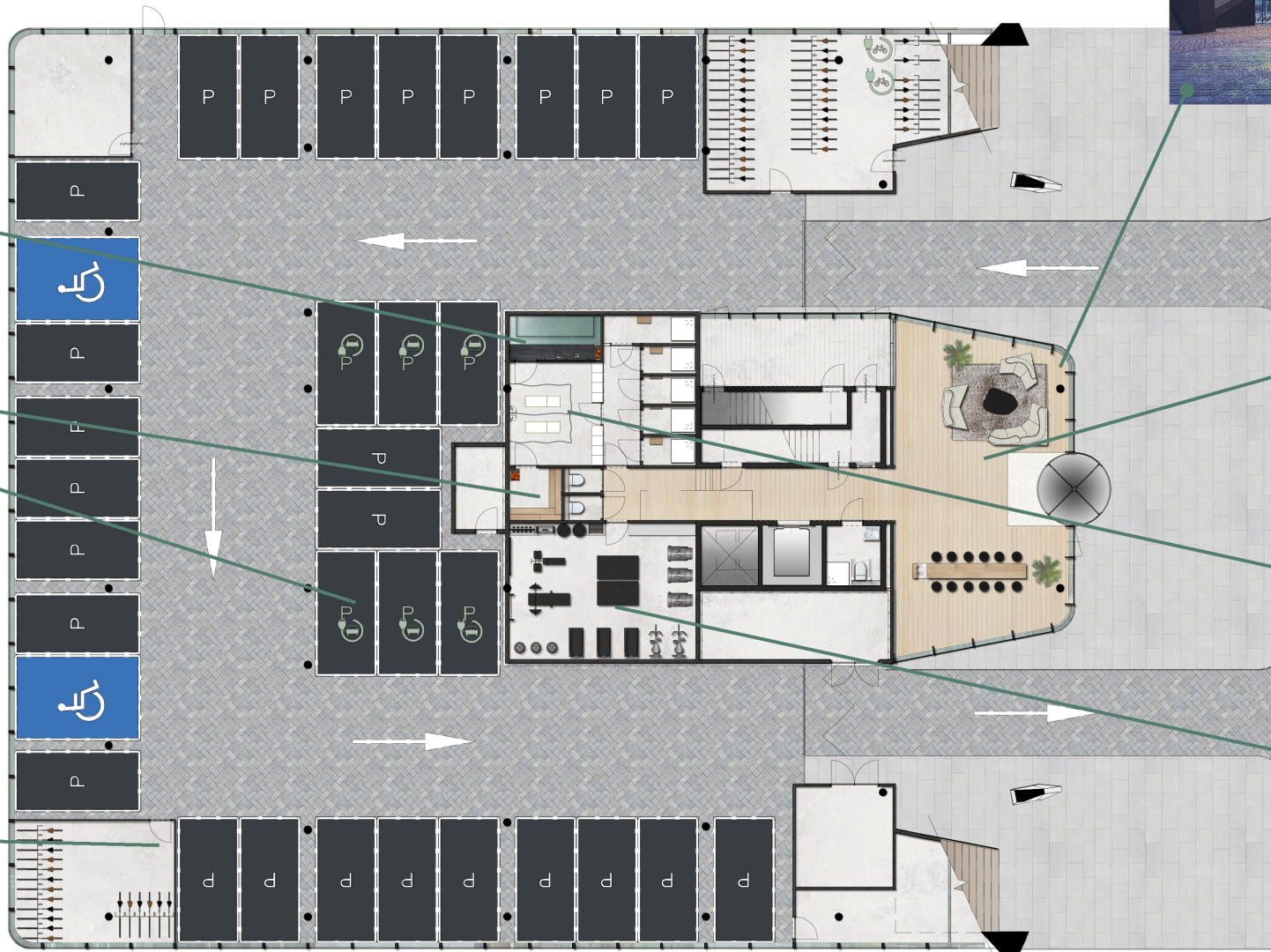
“Made to perform”



“Well is the basis”



"Get into the flow"



“Places to connect”



“And to disconnect”



"Based on scientific research"

*During peak performance
in the Flow state*



5x = 500%

PRODUCTIVITY
INCREASE



7x = 700%

CREATIVITY
INCREASE



10-15 %

PRODUCTIVITY
INCREASE

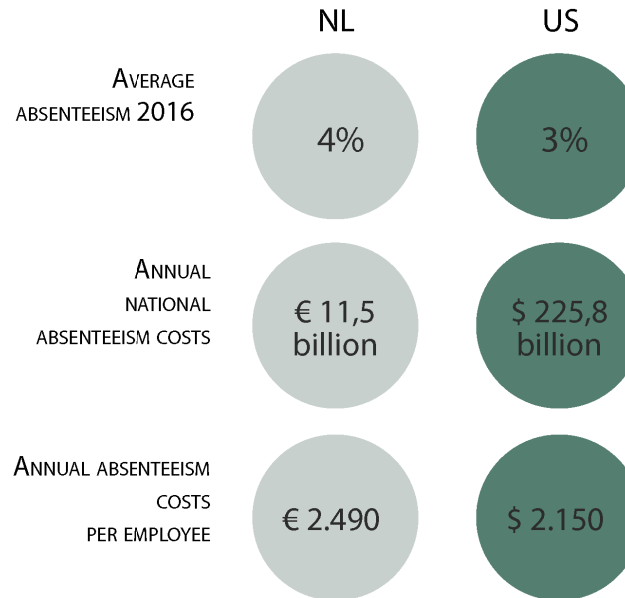


1-2,5 %

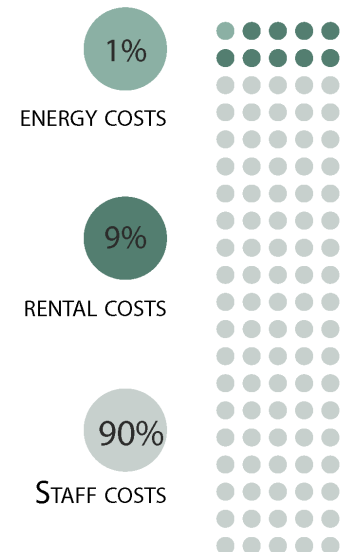
ABSENTEEISM
REDUCTION

*Optimized overall
indoor environment*

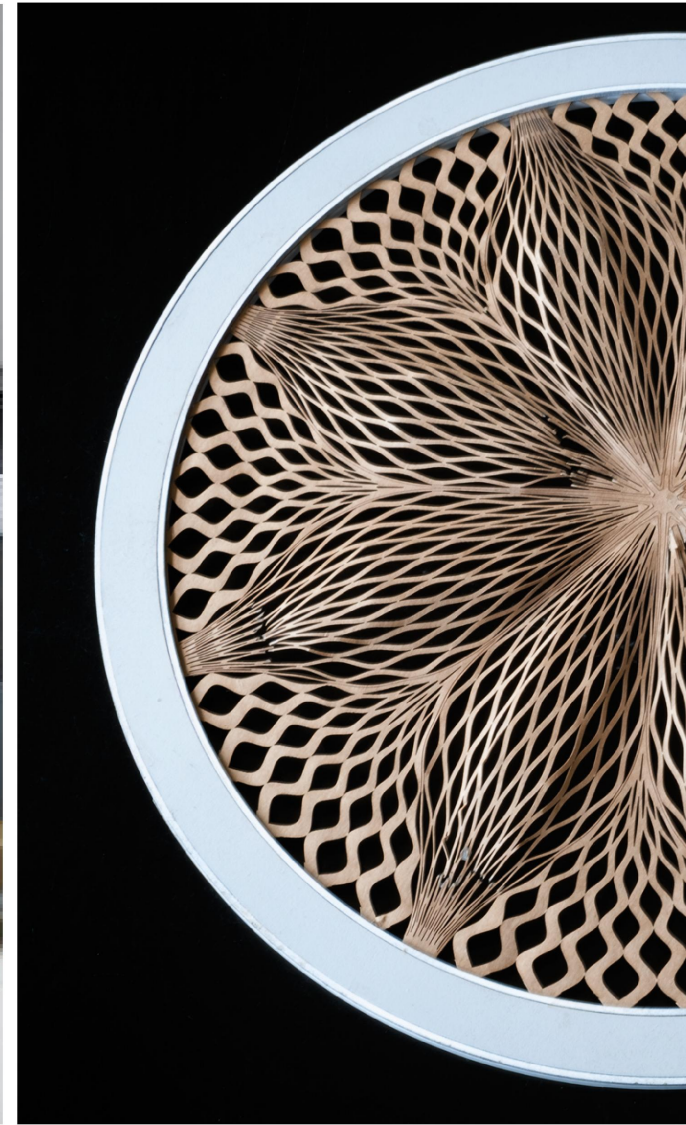
Absenteeism costs



*Business operation
costs*



“Special attention to lighting”



“Lighting that
improves performance”



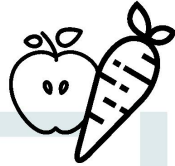
"We don't do ordinary"



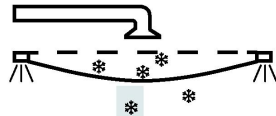
glass facade
(natural daylight)



striking events



healthy lunch



lighting and
climate ceilings



luxury
unisex toilets



triple glazing



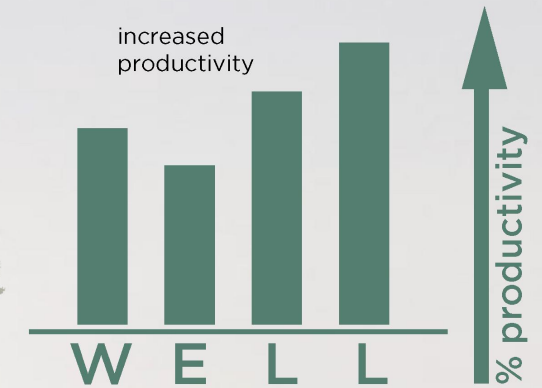
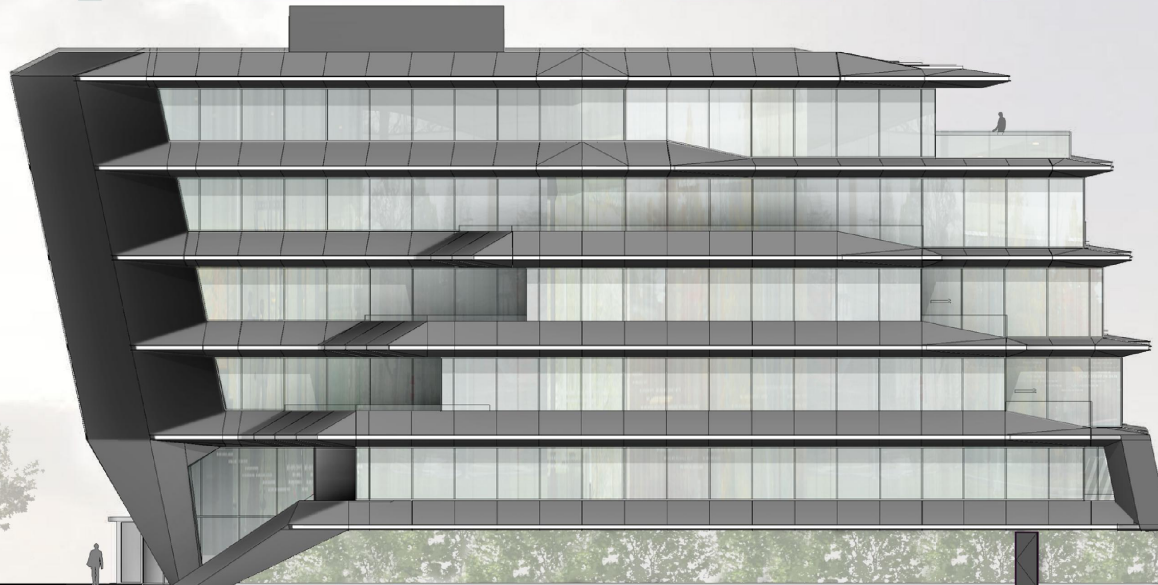
circadian tuned
led lighting



roof terrace



sauna, fitness and
hammam



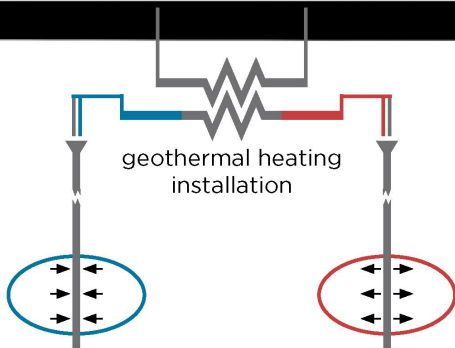
ergonomic
solutions



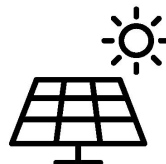
optimal
acoustics



geothermal heating
installation



solar panels



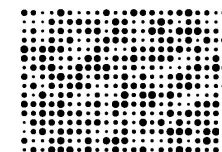
presentation room
(digital wall)



homefibre network
connectivity Wifi



led/video wall
visual entrance



electric charging
station



“But is it all as
good as it
seems?”



Feature 51; Food production

Integratie van kas of moestuin van 45m² (= 450 werkplekken x 0,1m²)



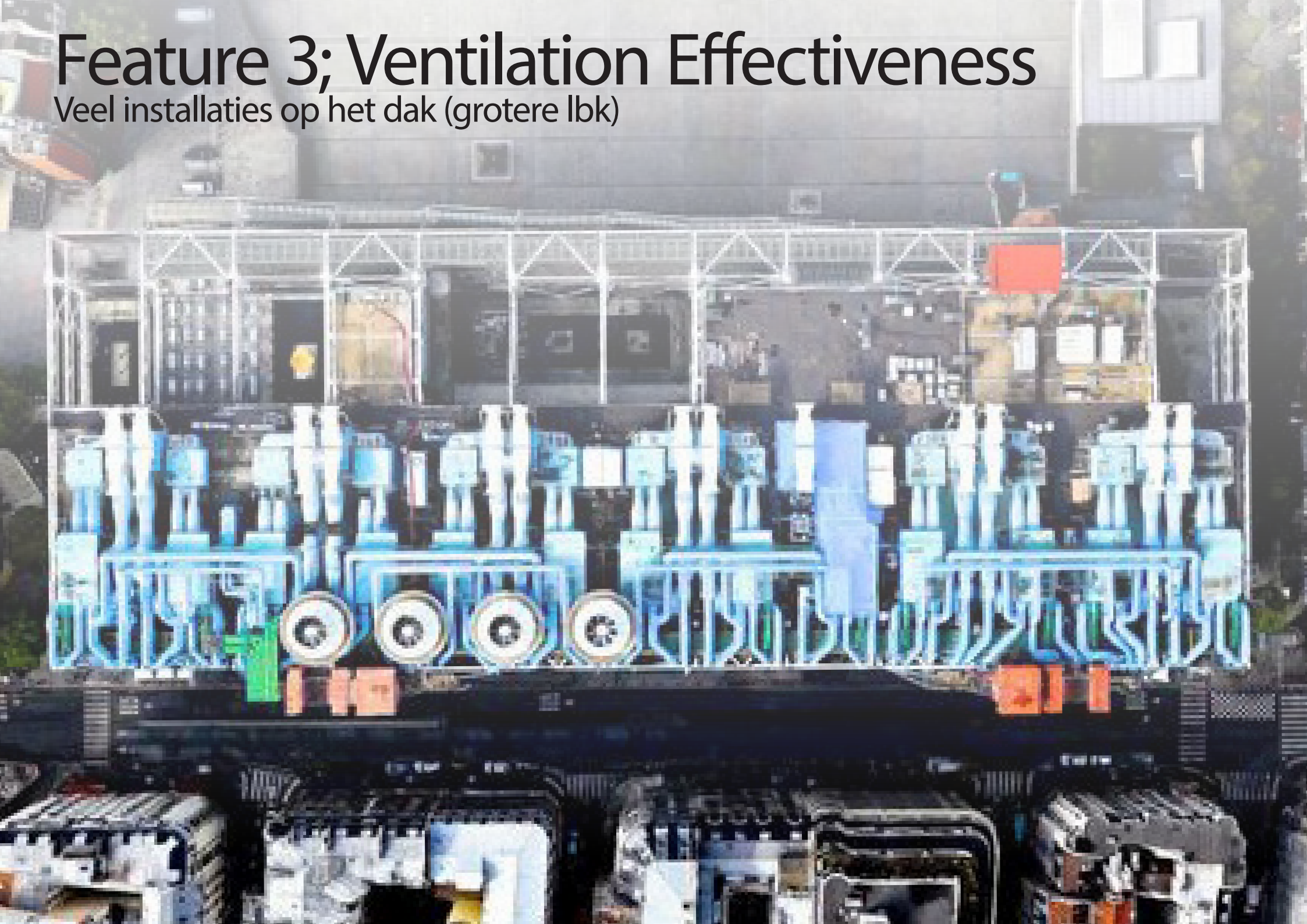


Feature 100; Biophilia II – Quantitative

72m² aan planten in potten en 144m² plantenwand

Feature 3; Ventilation Effectiveness

Veel installaties op het dak (grotere lbk)





Feature 72; Accessible Design

Leidde tot veel aanpassingen aan de kern

Feature 84; Health and Wellness Library

Boekenkast bij de entree





Feature 99; Ceiling height

Hoogte door verhouding 3.3m netto (verlies van een laag)

So can we shape WELL?
We sure think so!



www.mvsa-architects.com